

Referrals

Phone and Website Resources

Quit line – Center for Disease Control and Prevention

Services for adults. Offers one-on-one immediate support or coaching with a smoking counselor over the phone. The staff are counselors who are trained to help smokers quit.

They will provide you with helpful information, advice, and support.

Call: 1-800-QUIT-NOW or 1-800-784-8669

Visit: www.cdc.gov/quit

211 - Helpline

Services for those in times of crisis. Help can range from needing assistance with a variety of issues ranging from basic needs such as food, shelter, and utility assistance to employment, disabilities, the elderly, and childcare.

Call: 211

Visit: <https://www.helplinecenter.org/2-1-1/>

National Suicide Prevention Lifeline

Suicide prevention for anyone. Immediate aid for those in emotional distress or suicidal crisis. Staff are available 24/7 to support callers and provide advice. Entirely Confidential.

Call: 1-800-273-8255 or 988

Visit: <https://suicidepreventionlifeline.org/>

Tobacco Free Florida

Will help with setting up an official quit date and provide tips and tricks to stick with it!

They also provide information on the cost of smoking, withdraw symptoms, and others.

Call: 850-245-4144 or 877-822-6669

Visit: <https://tobaccofreeflorida.com/>

Email: media@tobaccofreeflorida.com

Community Organizations and Treatment Centers

Northeast Florida (Alachua, Duval, Clay)

Florida Department of Health Bureau of Tobacco Free Florida

Services for anyone looking to quit smoking. Branch location for the Tobacco Free Florida campaign.

Address: 224 SE 24th Street, Gainesville, FL 32641

Call: 352-334-7900

Visit: <https://www.tobaccofreealachua.org/>

Email: info@tobaccofreealachua.org

Smoking Cessation Wellness Retreat

Retreat for those looking to quit smoking in a group setting.

Call: 877-209-5166 or 727-230-2028

Visit: <https://www.smokingcessationretreat.com/retreat-locations.html>

Suwannee River - Area of Health Education Center (SRAHEC)

Offers two types of Group Quit programs - a one-time 2-hour session and multiple sessions over 4-weeks, available virtually or in-person. Several branch locations for the Tobacco Free Florida campaign.

Address: 14646 NW 151st Blvd, Alachua, FL 32615

Call: 866-341-2730

Visit: <https://srahec.org/group-cessation/>

Email: tobacco@srahec.org

Lake Butler Hospital – We Are Free Support Class

Offers in-person or telephone assessments with a Tobacco Treatment Specialists.

Services include free smoking cessation classes and nicotine replacement therapies for patients.

Address: 850 East Main Street, Lake Butler, FL 32054

Call: 386-496-2323

Visit: <https://cancerresourceguidencf.org/listings/lake-butler-hospital-we-are-free-support-class/>

UF Health

Programs for smokers 18+ in which they offer free nicotine replacement therapy, carbon monoxide monitoring, and group counseling sessions.

Address: 1707 North Main Street, Gainesville, FL, 32609

Call: 352-265-9569

Visit: <https://tobaccofree.ufl.edu/>

Northwest Florida (Walton, Santa Rosa, Jackson, Liberty)**West Florida Area Health Education Center (AHEC)**

Many programs throughout the Northwest area of Florida that host smoking cessation groups. Provide the nearest groups by entering your county.

Address: 1455 S Ferdon Blvd # B1, Crestview, FL 32536

Call: 850-682-2552

Visit : <https://westfloridaahec.org/tobacco/>

Email: info@wfahec.org

Florida State University College of Medicine

Aid in finding smoking cessation groups for those throughout the northwest Florida area. Paired with the TobaccoFreeFlorida organization.

Address: College of Medicine 1115 West Call Street, Tallahassee, FL 32306

Call: 850-644-1855 or 850-645-9765

Visit: <https://med.fsu.edu/ahec/resources>

Email: rebecca.carter@med.fsu.edu

Central Florida (Osceola, Brevard, Citrus)

Orlando Health

Orlando based smoking cessation free four-week program that provides both tools and services. Pre-registration is required.

Address: Many locations in the central Florida area include the following:

- 1900 Don Wickham Dr., Clermont, 3471152 West Underwood St., Orlando, 32806
- 521 West S.R. 434 Longwood, 32750
- 10000 W. Colonial Drive, Ocoee, 34761
- 2906 17th Street, St. Cloud, 34769

Call: 877-252-6094

Visit: <https://www.orlandohealth.com/content-hub/smoking-cessation-classes>

Email: CenterforHealthImprovement@OrlandoHealth.com

Florida Behavioral Health Orlando

Specialists help create a personalized smoking cessation plan for each participant.

Address: Many locations in the central Florida area

- 10967 Lake Underhill Road, Suite 113 Orlando, FL 32825
- 743 Stirling Center Place Suite 1709 Lake Mary, FL 32746
- 10125 West Colonial Blvd Suite 212 Ocoee, FL 34761
- 321 W Oak Street Kissimmee, FL 34741
- 1530 Celebration Blvd Suites 405 Celebration FL 34747

Call: [407-787-9777](tel:407-787-9777)

Visit: <https://lifestance.com/welcome/florida-behavioral-health/>

Florida Area Health Education Center

In partner with Tobacco Free Florida. Offers multiple locations all throughout Florida to help those quit smoking.

Address: 328 S Central Ave Apopka, FL 32703

Call: 1-877-848-6696

Visit: <http://www.ahectobacco.com/> Email: tobacco@ahec.ufl.edu

Suncoast Region (Tampa Bay, Pinellas, Sarasota)

Tampa Crossroads

Services for adults. Offers housing support, mental health, substance use, family support, residential treatment for women, vocational rehab, and Veteran supports.

Address: Hillsborough County 5109 N. Nebraska Ave. Tampa 33603

Call: 813-238-8557

Visit: <https://tampacrossroads.com/>

Phoenix House

Services for adolescents and adults. Offers crisis stabilization unit, outpatient counseling, mother/child residential, detoxification, sober living with outpatient support, and Veteran services.

Address: Many locations in the Suncoast and central Florida area:

- 510 Vonderburg Dr #301, Brandon, FL 33511
- 2103 N Rome Ave, Tampa, FL 33607
- 15681 US-301, Citra, FL 32113

Call: 888-671-9392 or 813-957-9639

Visit: <https://phoenixfl.org/>

Email: fladmissions@phoenixfl.org

Cove Behavioral Health (Formerly known as DACCO)

Offers residential treatment services, aftercare, screening/assessment, individual and group counseling, family intervention, drug education and prevention programs, adolescent outpatient services, employment services, case management. Specialty areas include drug and alcohol abuse, methadone and buprenorphine services

Address: 4422 E Columbus Dr, Tampa, FL 33605

Call: 813-384-4000 or 1-813-359-0827

Visit: <http://www.covebh.org>

Email: info@covebh.org

South Florida (West Palm, Collier, Lee, Broward, Indian River)

Everglades Area Health Education Center Tobacco Program

Offers free, group-based cessation services and support through Tobacco Free Florida.

Can be contacted for information on quitting smoking, vaping, or community partnership.

Address: 5725 Corporate Way, Suite 102 West Palm Beach, FL 33407

Call: 561-688-9591 or 1-877-819-2357

Visit: <https://eahec.org/>

Email: tobacco@ahec.ufl.edu

UHealth University of Miami Health Systems- Miller School of Medicine

Offers BeSmokeFree classes at multiple locations around the South Florida Area

Address: 1600 NW 10th Avenue, Suite 1149 Miami, FL 33136

Call: 305- 243-2847

Visit: <https://med.miami.edu/lp/quit-smoking>

Email: quitsmoking@med.miami.edu

Nova Southeastern University Guided Self-Change (GSC) Program

Specialists help participants in the community set their own quit date and provide tips and Tricks to stick with it.

Address: 3151 College Avenue, Davie, FL, 33314

Call: 954-262-5860 or 954-262-5922

Visit: <https://www.nova.edu/guided-self-change/index.html>

Email: gsc@nova.edu